



## BACHELOR OF CHILD AND YOUTH CARE (CYC) DEGREE PROGRAM

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### Personal Profile Guidelines

**Purpose:** Admission into the CYC program is assessed through a number of criteria, including suitability for the profession. This Personal Profile is an opportunity for you to describe your personal suitability for child and youth care education, as well as the profession, in a writing format. Please answer the following questions in 3 - 4 pages double spaced type.

1. Describe the reasons you are interested in the CYC program and how these fit with your career goals in the profession of child and youth care. What do you hope to do after you graduate from this program?
2. Discuss your ability to handle the physical, emotional, and cognitive demands of your chosen educational program and professional work in the CYC field. For example, this program addresses intense topics such as trauma, mental health, substance use, as well as colonization and its impact.
3. Identify a social problem within your community and describe what you believe causes this problem. Secondly, how would you contribute to solving this social problem if you were a CYC professional? For example, reflect on the values, actions, and helpful practices that might help to resolve this social problem.
4. What are your study habits? Give an example of what your study strategy would look like?
5. There are expectations of the VIU CYC program which require students to spend extra time outside of class time. Explain how you will balance these educational expectations with your other commitments.

**Note:** Personal Profiles are evaluated in accordance to dimensions of child and youth care education that include the following: empathy; relationship; self-reflection; diversity; work with children, youth, and families; critical/creative thinking; and effective writing and communication skills.